



Dental Insurance Open Enrollment Guide

YOUR PATH TO BETTER DENTAL COVERAGE

www.SpiritDental.com

Spirit
DENTAL & VISION

Welcome to Open Enrollment 2025-26!

Contents

How to choose the best dental coverage

Why choose a standalone plan like Spirit Dental?

Dental insurance Open Enrollment checklist

Understanding types of dental plans

Considerations when shopping for dental insurance

Dental procedure cost

How Spirit Dental protects both your health and budget

ACA: Meet Ruth

Medicare: Meet Mark

Spirit Dental & Vision: Smile Brighter, Live Lighter

What makes Spirit Dental unique?

How does Spirit Dental compare?

Spirit PPO & Flex plans

What people love most about Spirit Dental & Vision

Spirit +Connect: Helping you find the perfect plan

Open enrollment is your time to find the right health, dental and vision coverage for you and your family.

Dental insurance can seem like an afterthought, especially if you're feeling drained after researching health plans. This guide will show you how to find the best dental plan for your needs.

Whether you're looking for a plan that keeps your preventive visits affordable, covers more extensive dental needs or fits neatly into your budget, we've broken down everything you need to know to make a smart choice.

So take a deep breath, and let's make dental insurance a breeze this open enrollment season. Ready to get started? Healthy smiles ahead!

How to choose the best dental coverage

At Spirit Dental & Vision, we believe taking care of your smile should be easy and affordable. Shopping for any type of insurance can be stressful, especially if it's time-sensitive.

Did you know you can buy standalone dental and vision insurance any time of year? This means you're not constrained by dates to choose the best plan.

During open enrollment, you have three primary dental coverage options to consider:

1. Bundled dental plan with health coverage

You can find these plans on the Marketplace or through Medicare Advantage. Bundling your health and dental insurance can be convenient, but it might offer limited coverage for major dental needs like implants.

2. Standalone dental plan

Standalone plans, like those offered by Spirit Dental, allow more flexibility and benefits, such as **no waiting periods, higher annual maximums and greater provider choice**. This means better coverage for both routine and major dental procedures.

3. Supplementing an existing plan

If you already have dental coverage, consider a secondary plan to enhance benefits and reduce out-of-pocket costs. A supplemental plan can help cover services not included in your primary plan or boost your coverage limits.

Why choose a standalone plan like Spirit Dental & Vision?

- ✓ More options for types of services covered and when your benefits begin (**implants & no waiting periods**)
- ✓ Better comprehensive coverage gives you more savings on out-of-pocket expenses (**higher annual maximums**)
- ✓ Greater flexibility to choose your preferred provider (**freedom to choose any dentist, large PPO network with savings on covered services**)
- ✓ Buy dental insurance any time of year (**start tomorrow with next-day effective dates**)
- ✓ If your health coverage changes or drops, you won't lose your dental benefits
- ✓ Bundle dental and vision together

Which option is best for you?

Read more to find out how dental insurance works and what Spirit Dental can offer you and your family!



Dental insurance open enrollment checklist

Current coverage review

- ☐ Assess the coverage and benefits of your existing plan
- ☐ Identify any gaps in coverage or services you need

Anticipated dental needs

- ☐ Annual preventive cleanings & exams that support your oral health
- ☐ Identify any upcoming dental procedures (e.g., fillings, crowns, implants)
- ☐ Orthodontics for family members

Plan comparison

- ☐ Cost-effectiveness: Compare dental plans that fit your budget (premiums, deductibles, coinsurance)
- ☐ Flexibility with providers: Research plans that allow you to see your preferred dentist (large network, out-of-network coverage)
- ☐ Tailored for your unique needs: Align coverage with your anticipated dental needs (no waiting periods, annual maximums, dental implant coverage)

Choosing the right dental insurance during open enrollment can be a challenge with so many options available. Whether you're looking for flexibility, cost savings or comprehensive coverage, understanding the basics of each plan type is the first step, so you can find the one that best fits your needs and budget.

Understanding types of dental plans

PLAN TYPE	FLEXIBILITY IN CHOOSING DENTISTS	COST	COVERAGE FOR OUT-OF-NETWORK CARE	WHY IT WORKS BEST
PPO	High	\$\$	Yes, but higher cost for out-of-network	Large networks, in-network savings of 25-50%, flexibility to choose dentist
HMO	Low	\$	No, must stay in-network	Ideal for people on a budget who are OK with a limited network
Indemnity	Very high	\$\$\$	Full flexibility to choose any dentist with a higher reimbursement out-of-network	Great for those who want total freedom of dentist choice
Discount	High	\$	Typically not available	Best for individuals looking for savings and not needing comprehensive coverage.



Considerations when shopping for dental insurance

Dental terms to know

- Premiums:** The monthly cost of your plan.
- Deductibles:** The amount you must pay out-of-pocket before the insurance starts covering services.
- Copayments and coinsurance:** Your share of the cost for each dental visit or procedure after meeting the deductible.
- Annual maximums:** The maximum amount your insurance will pay in a year. Choose a plan with a higher annual maximum if you anticipate needing extensive dental work.
- Waiting periods:** Be aware of any waiting periods for certain types of care, especially for major procedures

Dental care categories & coverage

- Preventive care:** Cleanings, exams, and X-rays —usually 100% coverage
- Basic care:** Fillings and simple extractions—typically covered at 60-80%.
- Major care:** Procedures like crowns, root canals and implants—often covered at 25-50%
- Orthodontics:** Braces, Invisalign and aligners for children—typically covered at 25-50%

Dental procedure cost

COVERAGE TYPE	PROCEDURE	AVG. COST WITHOUT INSURANCE
Preventive care	Dental exam	\$53-\$123
	Cleanings (basic)	\$98
	X-rays	\$47-\$128
Basic care	Sealant	\$57
	Filling (amalgam)	\$136.34
Major care	Root canal	\$1,109
	Crown (porcelain/ceramic)	\$1,616
	Denture (partial)	\$1,338-\$1,800
	Implant	\$2,000
Orthodontic	Bridge	\$2,500
	Braces	\$3,000-\$10,000
	Invisalign	\$4,000-\$7,400

*Average pricing for common procedures are based on a survey from the American Dental Association and other sources. Out-of-pocket costs may be higher or lower in your area.

ACA



Meet Ruth

Age: 42

Occupation:
Self-employed graphic
designer

Challenges:
Lack of employer-
sponsored benefit options

How Spirit Dental protects both your health and budget

No waiting periods

With Spirit Dental's **immediate coverage**, Ruth can schedule her major service crown procedure right away, ensuring her oral health stays on track.

Flexibility

Ruth loves the freedom Spirit Dental provides with its **large PPO network**. Whether going in-network or out-of-network, Ruth has options.

Affordable, robust benefits

Spirit Dental's plans fit perfectly into Ruth's budget with **low monthly premiums, a lifetime deductible and high annual maximums**.

Comprehensive coverage

Mark enjoys Spirit Dental's benefits that include **3 preventive cleanings and major service coverage** for root canals and implants to keep his smile healthy in retirement.

High annual maximums

Mark chooses a plan with an **annual maximum of \$5,000**, which means he doesn't have to worry about hitting coverage limits when facing expensive treatments.

Lifetime deductible

With Spirit Dental, Mark only has to **pay his deductible once**. On his fixed income, he no longer has to worry about paying his deductible each year.

Medicare



Meet Mark

Age: 65

Occupation:
Retired Teacher

Challenges:
Fixed income, aging teeth

ACA Marketplace or Medicare Advantage plans vs choosing a dental standalone dental plan?

Reasons to choose a dental plan on the Marketplace or Medicare Advantage

- ✓ Convenience
- ✓ Simplified billing
- ✓ Potential discounts

Reasons to choose a standalone dental plan

- ✓ More options
- ✓ Better comprehensive coverage
- ✓ Greater flexibility to choose preferred provider
- ✓ Buy dental insurance any time
- ✓ If health plan changes, you won't lose dental coverage

Spirit Dental & Vision

Smile Brighter

Live Lighter

At Spirit Dental, we believe dental insurance should be simple, straightforward and work for you. That means accessing affordable dental care easily without waiting periods—just real coverage that starts when you need it.

[Shop our flexible plans](#) and start protecting your smile with Spirit Dental today.

TOP-RATED BY:

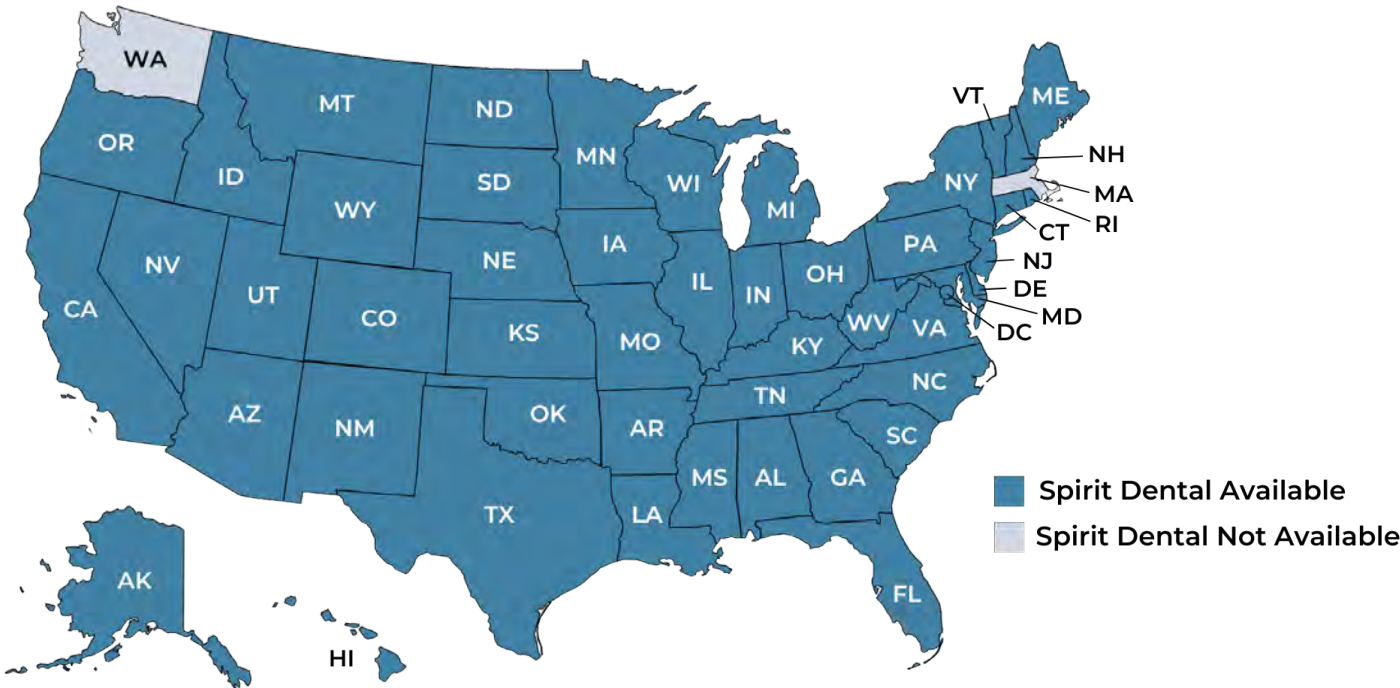


What makes Spirit Dental unique?

- | No waiting periods
- | Next-day effective dates
- | Choose your own dentist
- | \$100-lifetime deductible
- | Up to \$5,000 annual max
- | Immediate coverage for implants, major services & ortho
- | Bundle with EyeMed vision for only \$7/mo (most states)



Ameritas Mutual Holding Company underwrites and administers Spirit Dental & Vision. Spirit Dental members enjoy accessing the Ameritas Dental Network which is one of the nation’s largest with over 135,000 providers and and more than 607,000 access points offering savings of 25-50% on out-of-pocket costs.



Compare Spirit Dental

	BENEFITS		TRADITIONAL DENTAL PLANS
	✓	No waiting periods for all dental category services	6/month for basic, 12/month for major services
	✓	Next-day effective dates	Start on the 1st or 15th of the month
	✓	\$100-lifetime deductible	Pay \$25-\$100 yearly
	✓	High annual maximum up to \$5,000	Around \$1,500
	✓	Up to 3 cleanings covered per year	Typically, only 2
	✓	Top network of providers offering 25-50% reduced rates	May not have as large of a network
	✓	Bundle with vision insurance	May not be offered

Spirit PPO plans

Visit any provider, however you'll likely save more when staying in-network. These plans are typically more affordable.
Best for in-network

Preventive Plus PPO

Lowest premium focused on preventive care

- ✔ Annual max up to \$1,500
- ✔ 50% basic coverage
- ✔ 20% major coverage
- ✔ 2 cleanings per year

Core PPO

Most affordable for major service coverage

- ✔ Annual max \$1,200
- ✔ Dental implants
- ✔ Child orthodontia
- ✔ 3 cleanings per year

Preferred PPO

High value up front with comprehensive coverage

- ✔ Annual max up to \$3,500
- ✔ Dental implant
- ✔ Hearing benefits
- ✔ 3 cleanings per year

Pinnacle PPO

Robust benefits with the highest annual maximum.
Most popular!

- ✔ Annual max up to \$5,000
- ✔ Dental implants
- ✔ Child orthodontia
- ✔ 3 cleanings per year

Spirit Flex plans

Visit any provider with more savings potential out-of-network plus PPO lower rates if you visit in-network.
Best for out-of-network

Flex

Basic coverage best for out-of-network

- ✔ Annual max up to \$2,000
- ✔ 50% 1st year basic coverage
- ✔ 15% 1st year major coverage
- ✔ Choice of any dentist

Flex Plus

Additional coverage best for out-of-network

- ✔ Annual max up to \$2,500
- ✔ 50% 1st year basic coverage
- ✔ 20% 1st year major coverage
- ✔ Choice of any dentist

Coverage noted above is for most states.

What people love most about Spirit Dental & Vision plans

**No waiting periods**

Get immediate full coverage for various services that begin on day one—start as early as tomorrow!

**Dental implants**

Dental insurance coverage with no waiting periods for dental implants.

**Restorative care**

Get immediate coverage for a variety of major care procedures, including dentures, root canals, extractions, oral surgery, and more.

**Orthodontia**

Coverage for many orthodontic treatments, including traditional braces, ceramic braces, Invisalign, and more.

**Dental & Vision**

You can choose from various dental plan options, and if you bundle with vision coverage, you can access the EyeMed Network for only \$7.

**High annual maximums**

Take your savings further with high annual maximums up to \$5,000.

**PPO benefits**

Freedom to choose any dentist—Spirit members gain access to the Ameritas Dental Network, offering 25-50% in-network savings.

**3 preventive cleanings**

Get one more cleaning than most plans and protect your smile!

Spirit +Connect

With Spirit +Connect, you get expert assistance from licensed agents who are dedicated to finding the best plan for you. Whether you're new to dental insurance or looking for better coverage, our team is here to provide guidance every step of the way.

Connect with us via live chat on [Spiritdental.com](https://spiritdental.com) or call us: 844-833-8440.

Get your [FREE dental quote](#) today and enjoy immediate coverage with comprehensive benefits!





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